



# CATALAN SOCCER - COVID Guidance

Please refer to the table below for guidance on the common scenarios relating to COVID and subsequent criteria for attending classes. Should you need to inform Catalan of an absence, or to discuss specific health or issues that may arise, please contact us at [inbox@catalansoccer.com](mailto:inbox@catalansoccer.com):

What to do if...	Action Needed...	Attend Catalan:
<b>No Symptoms Still attending school</b>	None	Yes
<b>No Symptoms Not attending school</b>	Contact Catalan by email to assess against current GOV guidance.	Await email response before attending.
<b>No Symptoms Family Member with Symptoms</b>	Contact Catalan by email to assess against current GOV guidance.	Await email response before attending.
<b>Child has symptoms</b>	Do not attend. Contact your child's school & Catalan. Self-isolate the whole household for 14 days. Get a test.	After 14 days or negative test result.
<b>Child has positive test</b>	Inform Catalan. Agree an earliest date for return (minimum 10 days from symptoms or test date).	After 10 days when the child feels better and has no fever. Can attend if they still have a cough or loss of taste/smell as these symptoms may persist several weeks.
<b>Child illness with symptoms not linked to COVID-19</b>	Report absence to Catalan via WhatsApp group	Attend class at parents' discretion.
<b>Positive COVID-19 Test in household</b>	Inform Catalan of absence by email. Do not attend.	Await email response before attending.
<b>NHS Identified COVID Contact</b>	Inform Catalan of absence by email. Do not attend.	Await email response before attending.
<b>Child has travelled abroad and must quarantine</b>	Inform Catalan of absence by email. Do not attend.	In accordance with up to date GOV quarantine guidance for that destination.

*\*Catalan coaches do not spend 15 minutes within 2 metres of the children in the outdoor classes. Therefore, children are not regarded as a coaches' "close contact" by Test and Trace. Should a coach receive a positive test, the parents of that class would still be informed by our membership team.*